



Fitness ~ Nutrition ~ Lifestyle

Services for Hotel and Event Planners

COREFITNESS

Philadelphia PA

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Boot Camp Classes

On site or Outdoors
Iconic Philly locations

Fitness Walks

Break times
Walking meetings

Yoga Classes

Indoor or outdoor

Nutrition Education

Classes adaptable to all
fitness levels

Mindfulness Meditation



CoreFitness creates the best health and wellness experiences for your guests. *You look good, they feel great.*

Whether your guests are looking for team building events, fitness classes, wellness education or personal training sessions, CoreFitness provides **top notch, expert services** to meet their needs.

Services are adaptable to business conference attendees, bridal parties, executive meetings and hotel staff. Let us create the experiences that keep your guests coming back to you.